is a multi-disciplined transformative change process, developed by Monica Brown, Donna Fyffe and Hilary Musgrave

that offers an intentional way of exploring personal, communal and systemic transformation. It is deeply grounded in our Universe Story and the ecological theology of Laudato Si.

Committed to facilitating a vital shift in our human consciousness, Thresholds of Transformation's vision is to collaborate with women religious and their Associates and Mission Partners, in fostering:

- contemplative awareness
- unity of purpose
- an energetic commitment to Laudato Si's challenge to honor our "moral imperative" to contribute to a new world order of integral ecology





Believing in the sacred evolution of humanity and all life, Thresholds of Transformation

provides a unique transformative change process that brings forth inner and outer behavioral change, manifested in new ways of being, relating and acting at a personal, communal and systemic level. This inner and outer behavioral change is enabled by:

- A wholehearted commitment to 10 communal Gatherings centered around inspiring online video presentations (TT videos) that are interspersed with:
 - contemplative pauses with imagery and music
 - personal and communal reflection
 - interactive processes
 - courageous conversation
 - embodied prayer and ritual
- Opening to a personal awakening and deeper consciousness of heart, mind and behavior, that can shape and contribute to a new world order, in the belief that, unless the personal journey is addressed, communal transformation will not flourish. "If we want the world to change then first our hearts must change". (Pope Francis, Homily 25 March 2022).



It is our hope that Thresholds of Transformation will gift you with:

- A renewed appreciation of your kinship with our universe and the sacred mystery of its innate gifts for personal and communal transformation.
- The strengthening of your personal and communal relationships through a deeper appreciation of the spiritualities of the heart and vulnerability, broken open through reflection, imagery, ritual, music and shared dialogue.
- Being part of a global movement that is intentionally committed to fostering a new world order of integral ecology.

For more information please contact
Thresholds of Transformation at Emmaus Productions:
 adminTT@emmausproductions.com
 or visit: thresholdsoftransformation.org



Thresholds of Transformation's 10 Gatherings

Gathering One Welcome and Orientation

Gathering Two

Pathway 1: The Mysteries of Our Universe

Gathering Three

Pathway 2: Spirituality of the Heart

Gathering Four

Pathway 3: Spirituality of Vulnerability

Gathering Five

Pathway 4: The Transformative Gifts of Our Universe Part One: Holons

Gathering Six

Pathway 4: The Transformative Gifts of Our Universe Part Two: Morphic Resonance

Gathering Seven

Pathway 5: Transformation of the
Collective Soul

Part One: Exploring the Collective Soul

Gathering Eight

Pathway 5: Transformation of the Collective Soul
Part Two: Re-envisioning
the Collective Soul

Gathering Nine

Pathway 6: Systemic Transformation

Gathering **Ten**

Pathway 7: Weaving the Threads Together