

Meet the Team



Sr. Mª José Rebelo, SSps
Netherlands



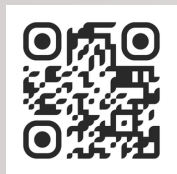
Bishop Tim Norton, SVD
Australia (ONLINE)



Sr. Jessy Paul, SSps
Germany

Coming from different countries, trained in diverse academic disciplines, and having ministered in a variety of contexts, we are united by a common dream: to place our desire for inner transformation at the service of others. We trust the transformative power of reflected experience, intentional silence, and contemplative practice to deepen personal, spiritual, and cultural awareness, and to help each person grow into their fullest potential for mission.

For more information, visit:



Transformation,
Healing,
Vulnerability,
Search for meaning,
Culture,
The Inner self...



At the service of
God's Mission.

Testimonies from 1st Edition (2025):

"This short renewal program was the perfect oasis for body, soul and spirit in which to renew my YES to a loving God for the service of His people."

(Katrina van Ruth, rsj – Australia/Peru)

"This program deepened my perspectives of intentional intercultural living through the practice of centering prayer, self-reflection and life review, journaling and group sharing. It was a great privilege to attend the program!"

(Jyoti Kujur, mms – India/UK)

Testimonies from 2nd Edition (2026):

"In Steyl I found a welcome; in the programme I felt I was led gently by the hand to go deeper into my innermost being and rest in the presence of God in the company of others."

(Karen, osu – Ireland)

"This program is unique, not offered elsewhere. Having the workshop prior to the retreat works really well."

(Bill Burt, svd – Australia/New Zealand)

**14-28 JUNE
2027**

RENEWAL PROGRAM
FOR MEMBERS OF
RELIGIOUS ORDERS

3rd EDITION



**UNCOVERING THE INNER SELF IN
INTERCULTURAL COMMUNITY LIVING:
A PATH TO TRANSFORMATION**

**6-DAY WORKSHOP
FOLLOWED BY
7-DAY CONTEMPLATIVE RETREAT**



Objectives:

- Deepen the awareness of God's presence within by exploring the "immortal diamond" and the dynamics of your true and false self.
- Develop self-awareness through emotional attentiveness, contemplative journaling, and insight on the connections between feelings, thoughts, and actions.
- Recognize and embrace vulnerability as a pathway to growth and transformation.
- Explore how culture shapes values, perceptions, and relationships, fostering greater understanding across communities and cultures.
- Practice contemplative listening and discernment, fostering a deeper capacity to respond to others with openness, presence, and compassion.
- Experience silence and intensive Centering Prayer practice as a group throughout the retreat, learning to hold strong emotions before God and becoming a more life-giving presence in community and mission.

Transformation



Wonder of Creation.

Our Approach:

Rooted in an experiential and contemplative approach, this program explores themes of vulnerability, healing, transformation, self-awareness, meaning, and culture through input, Centering Prayer practice, personal reflection, contemplative journaling, dialogue, and shared experience.

Through this journey of inner transformation, participants are invited to deepen their relationship with God, self, others, and creation, becoming a more life-giving presence in community and mission, with Jesus as our model.

Cost of full accommodation + Program fee: 1.300€

OBS: The number of participants is limited.

Registration deadline: 20th May 2027

For more information, please contact:

✉ silence.contemplation.steyl@ssps.de

🌐 <https://www.steyler-missionsschwestern.de/standorte/steyl/silence-contemplation>

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